

IN THE CLAIMS

Please amend the claims as follows:

Claim 1 (Previously Presented): A method for microwave cooking a raw meat or a raw marine product, ~~said the~~ method comprising:

~~preparing a seasoning comprising at least one organic acid selected from the group consisting of acetic acid, citric acid, succinic acid, malic acid, lactic acid, butyric acid and tartaric acid, a starch, a thermosetting protein, and an edible fat and oil;~~

~~applying the seasoning to said the raw meat or said the raw marine product; and~~

~~subjecting said the seasoned raw meat or said the seasoned raw marine product to microwave heating;~~

wherein:

the seasoning comprises a starch, a thermosetting protein, an oil component, an organic acid, and melanoidin;

the oil component comprises at least one edible fat or oil; and

the organic acid comprises at least one organic acid selected from the group consisting of acetic acid, citric acid, succinic acid, malic acid, lactic acid, butyric acid and tartaric acid.

Claims 2-11 (Cancelled).